



***Richey* Tune-up High School Indoor Meet 2019**

Cedarville University Doden Field House (www.cedarville.edu) [TENTATIVE INFO 10-16-18]

Special thanks to *Richey* Track & Field Equipment for being our title sponsor this year (1-800-333-PITS).
We have *Richey* Pole Vault and HJ pits and standards at our facility.

- Date: **10:00 am, Saturday, February 2, 2019** (Doden Field House (Cedarville University) opens at **8:30 am** for warm-up)
- Entry Procedures: Unlimited entries for teams, four events max per athlete. Go to Directathletics.com for team & individual entries.
- Entry Deadline: **Tuesday, January 29th at Midnight EST**
- Registration Fee: The number of athletes you register at the closing of entries will be the number that you are charged for, NOT the number that actually compete. Must be paid prior to or day of meet -\$175.00 per team (more than 8 athletes) (Boys & Girls \$350.00) \$20 per individual [\$25 late registration] Fees are non refundable unless the meet is cancelled. Make Checks payable to Cedarville University [put Track Team on Memo Line] 251 N. Main St., Cedarville OH 45314
- Late Entries: \$25.00 per person – You can register at the meet until 3:00 pm. Make Checks payable to Cedarville University
- Timing: Automatic timing will be used.
- Athletic Trainer: Will be on site for emergencies only.
- Spikes/Blocks: ¼ pyramid spikes only (strictly enforced) Spikes are only to be worn on the textured BLUE surface, not on the bleachers, tile, infield, etc. Only Cedarville University blocks are permitted. A limited number of spikes will be available to purchase on site. (Athletes must get spikes approve and marked with a zip tie)
- Field Events: 3 attempts and finals, top 2 flights will compete first, top 9 taken to finals, anyone else hitting finals mark is given 3 more attempts. HJ & PV will follow normal event procedures.
- Implement Weigh-In: Will take place before start of event next to the throws cage on the infield.
- Concessions: Will be available- Water only can be taken into field house, food will only be allowed in the main bleacher area of the field house and other designated areas in the fitness Center.
- Starting Heights: Boys PV- 8ft., 9, 10, 11 then by 6 inches - Girls PV 6ft., 7, 8, 9 then 6 inches, (May use 2 flights if needed) Boy's HJ 5-4, 5-7, Girls HJ 4-3, 4-6 then 2 inches (may use minimum marks after first marked long jump if field sizes are very large)
- Athlete Confirmation: Must be done for 200 and 400 and 3K about 45 min. prior to the event or be scratched. Hip numbers must be picked up 15 min prior to event. This will occur by 60m Start Line at the scoreboard end.
- Scoring: Team scoring will be used 10-8-6-5-4-3-2-1
- Performance List: Will be posted on our web site by Thursday. Coaches are responsible to check this information for accuracy and omissions. Please let us know immediately if we have made a mistake. We plan to post a final time schedule and performance list on our web site on Friday. Best marks compete first in all seeded events. Top 16 advance to final in the 60 Dash & 60 Hurdles.
- Meet Day Check –In: Teams and individuals must check in at the main entrance inside the Callan Athletic Center. Registration closes at 1:00 pm. Please have payment ready. All events except the 200, 400, 3200, & 4x4 will be seeded before the meet.
- Results: Will be posted on site as available and on our web site ASAP after meet at www.cedarville.edu (go to athletics)
- Warm-up/Safety: Warm-up is permitted on the track as long as it does not interfere with any other events. Do not climb over barricades/fences. Doing so can result in disqualification for you and your teammates.

Awards: Awards for top 3 finishers in all events. Team Champion and runners up awards can be picked up at the Athlete check-in area after final results are posted.

Inclement Weather: The Meet will only be cancelled if there is a Level 3 Snow Emergency in Greene County.

Admission Fee: \$6.00 for Adults, \$3 for Senior Citizens, \$3 for school age children (Up to four official coaches per team are free)

Entering field house: Enter campus on University Blvd (across from Kyle Medical Building) follow for about 2 blocks, Callan Athletic Center is on your right, Teams should be dropped off in the oval at the Callan Athletic Center entrance. Spectators should enter at the Doden Field House entrance (continue for 1 more block).

Locker Rooms: Available in the Callan Athletic Center, bring towel and lock. Do not change in the Doden restrooms!

Other Info: Directions, restaurants, housing & other info is listed on our athletic web page.

Coaches Refreshments: Will be available ASAP in the morning and until 11 am.

Facilities:

- Six 36 inch lanes around the track (surface is poured granular rubber – overlaid with 10 mm Connor Pro Traxx)
- Eight 42 inch lanes for sprints/hurdles (60)
- Two long/triple jumps pits with minimum 125 foot runways and 9x20 landing area
- Pole vault plant box with minimum 135 foot runways
- Two HJ pits-will be contested on the same surface as the lanes
- Throws will be conducted on a wood throwing circle (NCAA legal cage)
- Fully automatic timing will be used
- 8 lane electronic scoreboard
- 1/8 inch pyramid spikes or ¼ inch pyramid with recessed shoes only (strictly enforced)
- Bleacher seating for about 1100

Tentative schedule -(best marks compete first)

Field Events:

10:00 am High Jump Boys (scoreboard end) - & Girls (bleacher end)
 10:00 am Shot Put– (Boys then Girls) Weight Throw to follow – (Boys then Girls)

After HJ 11:30 ish Pole Vault -Girls then Boys
 After HJ 11:30 ish Long Jump- Boys (Scoreboard end) Girls (bleacher end) Triple Jump to follow - Boys then Girls (Scoreboard end)

Running Events: Rolling schedule

10:00 am 60 H (semi) G
 60 H (semi) B
 60 Dash (semi) G
 60 Dash (semi) B
 *60 H Final B (top 16) *
 60 H Final G (top 16)
 60 Final G (top 16)
 60 Final B (top 16)

11:30 ish 4x800 Relay G
 4x800 Relay B
 4x200 Relay G
 4x200 Relay B
 1600 G
 1600 B
 400 G
 400 B
 800 G
 800 B
 200 G
 200 B
 3200 G
 3200 B
 4x400 G
 4x400 B